

breakfast

Healthy Start 9

Freshly Baked Mini Muffins, Low-Fat Yogurt, Granola, Raisins, Variety of Seasonal Fruit, Fair Trade Coffee and Tea Service

Breakfast Feast 9

Cage Free Scrambled Eggs, Bacon or Sausage, Home Fries, Breakfast Pastries, Fair Trade Coffee and Tea Service

Continental Breakfast 6

Assorted Fresh Baked Pastries, Fair Trade Coffee & Tea Service

Bagel Bar 7

New York Style Bagels with Cream Cheese, Jam, and Butter, Fair Trade Coffee and Tea Service

Avocado Toast Bar 10

Wheat Berry Bread, Mashed Ripe Avocado, Chef's Assorted Toppings, Fair Trade Coffee & Tea Service

Hot Cereal Bar 7

Oatmeal, Cream of Wheat, Raisins, Dried Cranberries, Cinnamon, Walnuts, Granola, Brown Sugar, Pure Maple Syrup, Coffee and Tea Service

Something Else

Greek Yogurt 2
Assorted Juices 2
Seasonal Fresh Fruit 3

Fair Trade Coffee Service 2.5

Freshly Brewed Fair Trade Coffee and Assorted Teas. 4 hours service.

Additional 4 hour Coffee Service 1



All prices subject to change

lunch

Deli Lunch Platter 12

House Roasted Turkey, Provolone Cheese, Lettuce & Tomato on a Whole Wheat Roll

Roast Beef, Cheddar Cheese, Frizzled Onions, Arugula, Horseradish Mayo in a Wrap

Albacore Tuna Salad and Sliced Cucumber on Marble Rye Bread

Caprese – Fresh Mozzarella, Tomato, Fresh Basil, Balsamic Glaze, Ciabatta Roll

Deli Buffet is served with your choice of salad, chips and condiments

De-Constructed Cobb Salad 13

Iceberg Wedges and Arugula
Tomatoes, Avocado, Chopped Egg, Red Onion, Cucumber, Bacon, Crumbled Bleu Cheese and Shredded Cheddar, Grilled Marinated Breast of Chicken, Ranch and Balsamic Dressings
House-made Cornbread

Surf and Turf Salad 14

Assorted Greens, Grilled Shrimp, Sliced London Broil, Tomatoes, Cucumbers, Red Onion, Mushrooms, Croutons, Blue Cheese, Balsamic Vinaigrette and Fresh Rolls

Fajita Bar 13

Flour Tortillas, Grilled Marinated Breast of Chicken, Rice, Beans, Shredded Lettuce, Sour Cream, Salsa, Shredded Cheese, Peppers and Onions and Tortilla Chips

Baked Potato Bar 11

Baked Potatoes, Crisp Bacon, Scallions, Broccoli, Cheese Sauce, Salsa, Sour Cream and Choice of Salad

Hearty Soup Buffet 10

Beef Chili or Soup du Jour, Corn Muffins, and Choice of Salad

Macaroni & Cheese Bar 11

Baked Macaroni and Cheese, served with a variety of Chef's Toppings and Choice of Salad

Salads choose 1 item below

Tossed Green Salad, 2 Dressings
Caesar Salad
Pickle and Olive Tray
Antipasto Salad

Luncheon Desserts 2

Homemade Cookies, Assorted Bars and Brownies

Luncheon Beverages 2

Ice Tea, Lemonade, Soda



dinner & receptions

Entrees

Include fresh bread and choice of garden or Caesar salad

Grilled Salmon 20

Served with a seasonal fruit salsa, Jasmine rice, and Chef's selection of vegetables

Roast Sirloin 20

Oven roasted and hand carved, served with horseradish cream sauce, mashed potatoes and Chef's selection of vegetables

Turkey Dinner 18

Oven roasted and hand carved, served with sweet potatoes, classic stuffing, and Chef's selection of vegetables

Lasagna 17

Home made with layers of sweet marinara sauce, mozzarella and ricotta cheeses. Choice of cheese, sausage or spinach. Served with Chef's selection of vegetables

Chicken Bruschetta 17

Topped with roasted cherry tomatoes, fresh mozzarella and balsamic reduction, served with roasted potatoes and Chef's selection of vegetables

Appetizers

Per person price

Jumbo Shrimp Cocktail 10

Cheese & Crackers 3

Sliced Fresh Fruit 3

Mini hot dogs in puffed pastry 3

Buffalo Chicken Dip with tortillas 3

Wine 1.5 liter bottles (serves 8) 15

Beer individual bottles 2.5

Dessert Choices 5

Flourless Chocolate Cake, Strawberry Shortcake, Apple Pie, Fresh Berry Parfait
Includes Fair Trade Coffee & Tea Service



breaks

Morning Breaks

Sliced Fresh Fruit with a yogurt dipping sauce **3**

Sliced Apples with creamy peanut butter dip **3**

Grab and Go snacks including trail mix, granola bars, fruit bars **2**

Greek Yogurts and Whole Fruits **3**



Afternoon Breaks

Traditional Hummus, Roasted Pepper Hummus, Assorted Crisps and Pita Crisps **4**

A selection of cheeses, crackers, and nuts **5**

Corn Tortillas, Salsa, Sour Cream, Cheese Sauce **3**

Assortment of mini cupcakes **2**

Grab and Go snacks including chips, pretzels, cookies **2**

