

# breakfast

## **Healthy Start 9**

Freshly Baked Mini Muffins, Low-Fat Yogurt, Granola, Raisins, Variety of Seasonal Fruit, Fair Trade Coffee and Tea Service

## **Breakfast Feast 9**

Cage Free Scrambled Eggs, Bacon or Sausage, Home Fries, Breakfast Pastries, Fair Trade Coffee and Tea Service

## **Continental Breakfast 6**

Assorted Fresh Baked Pastries, Fair Trade Coffee & Tea Service

## **Bagel Bar 7**

New York Style Bagels with Cream Cheese, Jam, and Butter, Fair Trade Coffee and Tea Service

## **Avocado Toast Bar 10**

Wheat Berry Bread, Mashed Ripe Avocado, Chef's Assorted Toppings, Fair Trade Coffee & Tea Service

## **Hot Cereal Bar 7**

Oatmeal, Cream of Wheat, Raisins, Dried Cranberries, Cinnamon, Walnuts, Granola, Brown Sugar, Pure Maple Syrup, Coffee and Tea Service

## **Something Else**

Greek Yogurt 2  
Assorted Juices 2  
Seasonal Fresh Fruit 3

## **Fair Trade Coffee Service 2.5**

*Freshly Brewed Fair Trade Coffee and Assorted Teas. 4 hours service.*

## **Additional 4 hour Coffee Service 1**



All prices subject to change

# lunch

## **Deli Lunch Platter 12**

House Roasted Turkey, Provolone Cheese, Lettuce & Tomato on a Whole Wheat Roll

Roast Beef, Cheddar Cheese, Frizzled Onions, Arugula, Horseradish Mayo in a Wrap

Albacore Tuna Salad and Sliced Cucumber on Marble Rye Bread

Caprese – Fresh Mozzarella, Tomato, Fresh Basil, Balsamic Glaze, Ciabatta Roll

*Deli Buffet is served with your choice of salad, chips and condiments*

## **De-Constructed Cobb Salad 13**

Iceberg Wedges and Arugula  
Tomatoes, Avocado, Chopped Egg, Red Onion, Cucumber, Bacon, Crumbled Bleu Cheese and Shredded Cheddar, Grilled Marinated Breast of Chicken, Ranch and Balsamic Dressings  
House-made Cornbread

## **Surf and Turf Salad 14**

Assorted Greens, Grilled Shrimp, Sliced London Broil, Tomatoes, Cucumbers, Red Onion, Mushrooms, Croutons, Blue Cheese, Balsamic Vinaigrette and Fresh Rolls

## **Fajita Bar 13**

Flour Tortillas, Grilled Marinated Breast of Chicken, Rice, Beans, Shredded Lettuce, Sour Cream, Salsa, Shredded Cheese, Peppers and Onions and Tortilla Chips

## **Baked Potato Bar 11**

Baked Potatoes, Crisp Bacon, Scallions, Broccoli, Cheese Sauce, Salsa, Sour Cream and Choice of Salad

## **Hearty Soup Buffet 10**

Beef Chili or Soup du Jour, Corn Muffins, and Choice of Salad

## **Macaroni & Cheese Bar 11**

Baked Macaroni and Cheese, served with a variety of Chef's Toppings and Choice of Salad

## **Salads** choose 1 item below

Tossed Green Salad, 2 Dressings  
Caesar Salad  
Pickle and Olive Tray  
Antipasto Salad

## **Luncheon Desserts 2**

Homemade Cookies, Assorted Bars and Brownies

## **Luncheon Beverages 2**

Ice Tea, Lemonade, Soda



# dinner & receptions

## Entrees

*Include fresh bread and choice of garden or Caesar salad*

### Grilled Salmon 20

Served with a seasonal fruit salsa, Jasmine rice, and Chef's selection of vegetables

### Roast Sirloin 20

Oven roasted and hand carved, served with horseradish cream sauce, mashed potatoes and Chef's selection of vegetables

### Turkey Dinner 18

Oven roasted and hand carved, served with sweet potatoes, classic stuffing, and Chef's selection of vegetables

### Lasagna 17

Home made with layers of sweet marinara sauce, mozzarella and ricotta cheeses. Choice of cheese, sausage or spinach. Served with Chef's selection of vegetables

### Chicken Bruschetta 17

Topped with roasted cherry tomatoes, fresh mozzarella and balsamic reduction, served with roasted potatoes and Chef's selection of vegetables

## Appetizers

*Per person price*

Jumbo Shrimp Cocktail 10

Cheese & Crackers 3

Sliced Fresh Fruit 3

Mini hot dogs in puffed pastry 3

Buffalo Chicken Dip with tortillas 3

**Wine** 1.5 liter bottles (serves 8) 15

**Beer** individual bottles 2.5

### Dessert Choices 5

Flourless Chocolate Cake, Strawberry Shortcake, Apple Pie, Fresh Berry Parfait  
*Includes Fair Trade Coffee & Tea Service*



# breaks

## Morning Breaks

Sliced Fresh Fruit with a yogurt dipping sauce **3**

Sliced Apples with creamy peanut butter dip **3**

Grab and Go snacks including trail mix, granola bars, fruit bars **2**

Greek Yogurts and Whole Fruits **3**



## Afternoon Breaks

Traditional Hummus, Roasted Pepper Hummus, Assorted Crisps and Pita Crisps **4**

A selection of cheeses, crackers, and nuts **5**

Corn Tortillas, Salsa, Sour Cream, Cheese Sauce **3**

Assortment of mini cupcakes **2**

Grab and Go snacks including chips, pretzels, cookies **2**

